

# Become a Certified Shamanic Practitioner & Energy Healer

.....

A Transformative Journey to Your True Calling



info@themodernshamanacademy.com • www.themodernshamanacademy.com





## Table of contents

4	Level 1
5	Meet your trainer
7	What you can expect
8	Masterclass reunion retreats
9	Level 2
10	Level 3 & 4
12	Pricing
13	Reviews



# Level I\* on-site residential training

## Awaken & develop your healing gifts

Are you feeling called to step into your power and purpose as a healer? Do you wish to work in a powerful connection with your spirit guides? This immersive, hands-on training blends ancient shamanic practices with powerful energy healing techniques, giving you a complete, professional healing toolkit. Whether you're just beginning or seeking to deepen your skills, this accredited course will equip you with the knowledge, experience, and confidence to facilitate profound healing.

### What you'll cover in Level I\*

•••••

#### MODULE 1

*Foundation: Infusion & Shamanic Journeying*

- Facilitate healing for yourself and others – hands-on, online, or remotely.
- Infusion of earth and heavenly energies, working with the 7 main chakras.
- Shamanic journeying to connect with spirit guides.

•••••

#### MODULE 2

*Extraction*

- Clear toxic energy blockages and 'intrusions'.
- Heal and strengthen the physical energy body.
- Working with the 7 layers of the aura: etheric, emotional, mental, astral, template, celestial, and causal bodies.

•••••

#### MODULE 3

*Sound Healing*

- Use your voice as an intuitive sound healing tool for energy extraction and infusion.
- Support deep energy releases, restoring harmony to chakras and the energy field.
- Strengthen the entire system.

\* Level 1 is a prerequisite for all levels. Continue your training through Levels 2-4 to achieve Advanced Shamanic Practitioner & Energy Healer certification.







## Meet your trainer, Sue Holmes

.....

*"I've been working as a healer for three decades and it's my absolute joy to share all of the techniques, the skills, and the experience that I've gathered over the years while walking beside you and holding space for your personal healing journey and professional certification."*



## The Osho Leela Centre in Dorset

.....

A magical retreat space with dedicated use of a spacious new yurt. Relax amidst lush, natural surroundings and enjoy the swimming pool and sauna, as well as walks in the garden, bonfires, group meals, dancing, meditation, and more, in community with the Academy of Modern Shamanism team.

## Course fees include:

.....

- All tuition & training materials Dormitory accommodation (upgrade to glamping/ private single room for an additional fee)
- Full board (3 plant-based meals per day & drinks)
- 1-on-1 mentoring with Sue Holmes
- Online container of support between residential training levels, with monthly live online mentoring and Q&A sessions, while you complete your assignments and case studies.
- Accredited certification by the International Practitioners of Holistic Medicine (IPHM)







## What you can expect

•••••

- Hands-on in-person training in a sacred space and support every step of the way as you develop your abilities and confidence
- Method notes, demonstrations, live Q&A, marked assignments, and supervised healing exchange sessions
- Business and ethics guidance to launch your professional practice
- Undergo deep personal transformation on your own healing journey
- Become part of a supportive healing community, building lifelong friendships.



## Reunion Masterclass Retreats

**Deepen Your Practice. Reunite with Your Soul Family. Celebrate Your Growth.**

One of the most unique and cherished aspects of the Academy of Modern Shamanism is the strength of our community. When you train with us, you're not just gaining professional skills—you're becoming part of a lifelong circle of connection, love and support.

Our Reunion Masterclass Retreats are beautiful gatherings where current students and graduates unite to receive deep healing, upgrade their skills, and witness each other's personal and professional evolution. These retreats are a celebration of authenticity, joy and transformation.

You'll experience powerful ceremonies, together with music, dance, laughter, and heart-opening connection—with each person bringing their unique gifts and medicine to the circle.

Whether you come to reconnect, recharge, or rise into your next level, our Masterclass retreats are an invitation to keep walking your path as a healer—with your soul family by your side.



# If you're feeling that healing is your calling, then all you need to do is show up as you are, with a willing heart.

## Launch a thriving practice doing what you love

This is a 1–4 level journey that spans several months to a few years. Each method and module builds on the previous one, giving you solid foundations from which to grow. You can qualify and start practising professionally within 3 months (on successful completion of your case studies and assignments).

.....

## Complete the Practitioner course with Level 2

### MODULE 4

*Synchronicity Alignment & Power Retrieval*

- Restore clients' alignment with their true self, life purpose, and soul path.
- Retrieve spirit guide (power animal) to restore unique gifts and spiritual support.

### MODULE 5

*Organ Cleansing & Spine Regeneration*

- Cleanse and tonify the energy of the spine and major organs using the five elements.
- Support the release of repressed emotions like anger, stress, grief, and fear.

### MODULE 6

*Relationship Cords*

- Clear energetic ties to people, ancestors, and limiting beliefs.
- Support healthier, freer, and more harmonious relationships.





## Complete all 4 levels for the full Advanced certification

.....

### **Practitioner level**

Complete 2 x 5-day residential retreats

.....

### **Advanced level**

Complete 2 x 6-day residential retreats

You will also be invited to attend our optional in-person residential Ceremony Masterclass retreats/reunions for ongoing skills development.



# What you can expect in Advanced Levels 3 & 4

•••••

## **MODULE 7**

### *Shamanic Cleansing*

- Scan and clear the energy body using sacred tools and techniques.
- Remove toxins, energetic 'intrusions', and stagnant energy.

•••••

## **MODULE 8**

### *Auric & Psychic Repairs*

- Repair the auric template for physical and energetic health.
- Merge with spirit guides to perform repairs to the energetic blueprint.

•••••

## **MODULE 9**

### *Soul Retrieval*

- Shamanic journey to recover lost parts of the soul due to trauma, shock, or compromise.
- Restore clients' unique essence and gifts to engage with life.

•••••

## **MODULE 10**

### *Roots Regression*

- Guide clients on a hypnosis journey to heal childhood or past-life wounds.
- Help them reclaim personal power through their inner wisdom.

•••••

## **MODULE 11**

### *Spirit Release*

- Facilitate spirit release for lost souls and misplaced spirits.
- Rescue spirit attachments, restoring the client's sovereignty and clarity.

•••••

## **MODULE 12**

### *Ancestral Patterns & Curses*

- Clear inherited patterns, limiting beliefs, vows, bonds, and energetic interference.
- Support the discovery of greater freedom, well-being, and peace.





## Become the healer you were born to be

.....

### **LEVEL 1**

*5-night residential  
+ 5-month online  
container*

**£1,800**

.....

### **PRACTITIONER COURSE**

*Level 1 + 2 in  
10-month container*

**£3,500**

.....

### **ADVANCED COURSE**

*Levels 1-4 in  
2-year container*

**£6,900**

NB: Payment Plans available



# Here's what people say...

.....

**"The whole course completely blew my mind!** Every module was layer after layer of energy work and knowledge to take forward into your life. Sue's teaching is incredible and she holds a safe space. **If you're thinking of doing this course, follow your gut, follow your heart."**

– Joe Donovan

.....

**"The course with Sue was magical. Full of new teachings, healing, support, and lots of fun and love.** I have always been impressed with how authentic Sue is, she has a huge heart and is an amazing healer and teacher."

– Andreea

.....

**"Sue's training was completely life changing across all levels: physical, emotional and spiritual.** Not only did I begin to learn the ancient arts of energy healing and shamanic practice, it was a profound journey of self healing and re-membering. Through navigating my own wounds I was encouraged to step out of stories and patterns of abuse and victimhood and step into my own power. **The course and teachings enabled me to develop discernment, trust and confidence in my own abilities and self love. I also gained a very impressive tool kit, a deep and powerful relationship with my guides and a whole new shamanic family and community.** Sue holds an impeccable space of 100% pure light. I'd consider her training to be a benchmark for anyone else wishing to hold sacred ceremonial healing space for others.

– Anita Brulee



## Enrol today

Spaces are limited – reserve your place now, or get in touch for more information.

.....

[Book Now](#)

.....

[Chat with Sue on WhatsApp](#)

[www.academyofmodernshamanism.com](http://www.academyofmodernshamanism.com)

[info@academyofmodernshamanism.com](mailto:info@academyofmodernshamanism.com)

[+447786291967](tel:+447786291967)



ACADEMYOFMODERNSHAMANISM.COM  
INSPIRING VOCATION, PURPOSE & SERVICE



UNLOCK YOUR **HEALING** POTENTIAL  
DEEPEN YOUR **GROWTH**  
BUILD YOUR **DREAM PRACTICE**  
FIND YOUR **TRIBE**