

# THE MIRACULOUS POWER OF CLUTTER CLEARING

## FREE 5-DAY CHALLENGE

Day 2 - De-Clutter Your Vitality, Creativity,  
Relationships & Prosperity



“GET RID OF CLUTTER AND YOU MAY JUST FIND THAT  
IT WAS BLOCKING THE DOOR YOU’VE BEEN LOOKING  
FOR.” — KATRINA MAYER



with Karishma Sue Holmes & Davina Mackail



# IDENTIFYING CLUTTER HOT SPOTS

Clutter is rarely random.

It gathers where energy stagnates — and it tends to show up most where we're feeling stuck in life.

That's not a coincidence.



Clutter in your home = stagnation in your life.

When we begin to shift the physical blocks in our environment, something powerful begins to move in our psyche, relationships, and energy field.



# COMMON CLUTTER HOT SPOTS

Here are the usual suspects.

You may already be sensing where you need to look next...

## ◆ **Physical Spaces:**

- The junk drawer that never closes
- Overflowing wardrobes or "floordrobes"
- Paper piles, unopened mail, scattered notebooks
- Unfinished DIY projects or half-used paint tins
- Kitchen counters, cupboards & expired pantry items
- The loft, cellar, garage or shed (the great "I'll do it later" zones)

## ◆ **Energetic Hot Spots:**

- Behind doors (where energy gets blocked)
- The space under beds (where our subconscious is affected)
- Corners of rooms that feel "off"
- Objects with emotional charge (photos, gifts, or ex-partners' things)



# KEY AREAS OF INFLUENCE

These areas are important locations to declutter:

## ◆ Your Main Entrance - wealth

- This is the threshold between our home life and the outside world.
- A clear, attractive entrance hall will feel uplifting as you enter.
- If qi enters unrestricted, you are welcoming abundance and new opportunities into your life.

## ◆ Your Kitchen - wellbeing

- This is the heart of your home.
- A light, organised and clutter-free kitchen is a joy to prepare and eat food.
- The kitchen is where you nourish your body and connect with your loved ones.



# KEY AREAS OF INFLUENCE

## ◆ **Your Bedroom - rest & relationships**

- This is your inner sanctum - your most personal space.
- A clutter-free bedroom feels relaxing and peaceful.
- This supports a good night's and feeling clear when you awake.
- A fresh, clear space supports your love life.

## ◆ **Bathroom - self-image & self-care**

- This is where you cleanse your body and see your reflection.
- A clean and clutter-free bathroom supports your self-care routine, so that you enjoy the ritual of cleansing and pampering your body.
- See yourself reflected in in a calm and tidy space.



# INTRODUCING THE 3-DOOR GATE BAGUA

This simple and powerful feng shui tool maps your space using the main entrance of your home.

Imagine your floor plan overlaid with a 9-square grid, like a tic-tac-toe board, with your front door at the bottom. Each section represents a different 'Gua' and aspect of your life:

4 Wealth, Good Fortune & Abundance	9 Success, Fulfilment & Reputation	2 Relationship, Partnerships & Love
3 Elders, Family & Community	5 Health, Well-being & Balance	7 Creativity, Projects & Children
8 Self-Knowledge Skills & Wisdom	1 Career, work & Life Path	6 Helpful People Spirituality & Travel



# MAPPING THE 3-DOOR GATE BAGUA

Stand at your main entrance, looking into your home. The 3 squares nearest the door represent:

- Left corner = Knowledge
- Centre = Career
- Right corner = Helpful People

Now walk through your space. What's stored in each area? Is there mess, dust, heaviness or forgotten things? Is it aligned with the energy you want to cultivate?

 Examples: Clutter in your relationship corner (back right) may reflect stuckness in your partnerships or loneliness. A chaotic wealth corner (back left) can echo financial blocks.



# ✨ THE BENEFITS OF CLUTTER-CLEARING

Every item you release is a message to the universe: "I am ready for something new." Here's what you can expect when you commit to clearing:

## 🔥 VITALITY

Clutter creates stagnation. When you remove it, energy flows again — in your home and your body. You may sleep better, feel lighter, or experience sudden surges of motivation.

## 💡 CLARITY

Clearing clutter calms your nervous system. Decisions become easier. You start to see your next steps more clearly — both practically and spiritually.

## ☮️ PEACE

Our homes are mirrors of our minds. A clear space brings a sense of calm and inner stillness.

## ❤️ HARMONIOUS RELATIONSHIPS

By clearing shared spaces, or symbolically releasing the past, we invite fresh energy into our relationships — or open space for new ones.

## 💰 ABUNDANCE & OPPORTUNITIES

Clients often report unexpected money, job offers, and opportunities arriving shortly after a good decluttering session. It's like magic — only it's energetic alignment.





# TODAY'S CHALLENGE

## 1. Map Your Home Using the 3-Door Gate Bagua

Download a floor plan or sketch a rough layout. Use the 9-square grid to overlay the map.

## 2. Walk Your Space Consciously

In each zone, ask:

- What is being stored here?
- Does the state of this area reflect the life I want to live?
- What needs clearing, shifting or uplifting?



## 3. Choose One Bagua Area to Begin Clearing

Start small: a shelf, a drawer, a corner. You might feel drawn to your Wealth, Relationship or Career area—trust your intuition.

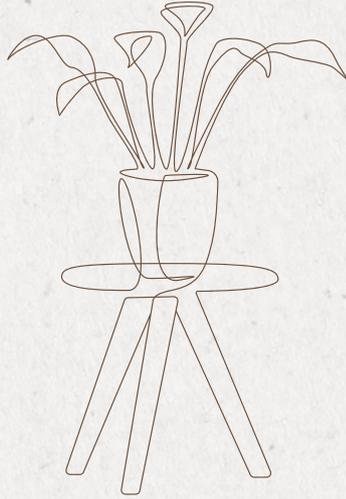
## 4. Optional: Add an Element to Uplift the Energy

After clearing, bring in a symbol of what you're inviting in: a candle, crystal, fresh flowers, an affirmation.



 AFFIRMATION FOR TODAY:

“As I clear physical space, I make room for life to bless me in new and beautiful ways.”



# SACRED SPACE

**FENG SHUI, SPACE CLEARING & GEOMANCY  
ACCREDITED TRAINING  
12-25 Oct 2025, Welshpool, Wales**



## DAVINA MACKAIL

Hay House author, shamanic elder & feng shui maestra & teacher inspiring positive transformation with 'Wisdom that Works'.



## KARISHMA SUE HOLMES

Facilitator of transformation, shamanic healer & teacher, medicine woman; TV-featured feng shui/space clearing expert & best-selling author.

If you feel called to develop and apply your feng shui, space clearing & geomancy skills for your own life and facilitate this transformation for others, then join Sue and Davina on this richly rewarding journey.

- **Please note that spaces are strictly limited to 16**
- **Reserve yours now to avoid disappointment**
- **Bonus 1-to-1 reading with Sue or Davina to the first 6 bookings!**



**WhatsApp us  
with any questions**

**BOOK NOW**

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