

Become a Certified Shamanic Practitioner & Energy Healer

Online or In-Person

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A Transformative Journey to Your True Calling



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Awaken & develop your healing gifts

Are you feeling called to **follow your calling** as a **healer and space-holder**?

Do you wish to work in a powerful relationship with your **spirit guides**?

This immersive training blends ancient **shamanic** practices with powerful **sound and energy healing** techniques, giving you a complete, professional healing toolkit.

Each method and module builds on the previous one, giving you **solid foundations from which to grow into working with more advanced techniques**.

As well as the live teaching sessions, you will receive **method notes, video demonstrations, 1-to-1 mentoring sessions** & private Telegram group support

Whether you're just beginning or seeking to deepen your skills, this accredited course will equip you with the **knowledge, experience, and confidence to facilitate profound healing**.

Launch a thriving practice doing what you love!





Whether you choose the **In-Person Training in the UK** or the fully **Online Training from anywhere in the world**, both pathways contain the same syllabus & are rewarding, effective, accredited, and deeply transformational.

Both options are held with the same care, depth and personal attention — with live mentoring, ceremony, hands-on practice, magical transformation and community at the heart of it all (it's like Hogwarts for grown-ups!).

Either way, **by completing this training, you will:**

- Become an **excellent healer & space-holder** with a magical toolbox of skills.
- Undergo **deep personal transformation** on your own healing journey.
- Become part of a **supportive healing community**, building lifelong friendships.
- Receive **business tips and ethical guidance** to launch your own professional practice.
- Gain a certificate of completion (**IPHM accredited**).
- Be invited to **Masterclass Retreats** & advanced modules.

If you feel that healing is your vocation, then all you need to do is show up as you are, with a willing heart.



What you'll cover in the Practitioner Course:

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MODULE 1

*Foundation: Channelling
Healing Energy & Shamanic
Journeying*

- Facilitate healing for yourself and others – hands-on, online, or remotely.
- Infusion of earth and heavenly energies, working with the 7 main chakras.
- Shamanic journeying to connect with spirit guides.

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MODULE 4

*Hara Line & Intention
Alignment and Power Animal
Retrieval*

- Restore clients' alignment with their true self, life purpose, and soul path.
- Retrieve a spirit guide (power animal) to restore unique gifts and 'medicine'.

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MODULE 2

*Energy Extraction &
Intrusion Removal*

- Clear toxic energy blockages and 'intrusions'.
- Heal and strengthen the energy body to benefit the physical body.
- Working with the 7 layers of the aura: etheric, emotional, mental, astral, template, celestial, and causal bodies.

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MODULE 5

*Organ & Spine Energy
Regeneration*

- Cleanse and tonify the energy of the spine and major organs.
- Support the release of repressed emotions like anger, hatred, anxiety, grief and fear.
- Making space for more kindness, joy, calm, courage & trust

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MODULE 3

*Sound Healing &
Chakra Toning*

- Use your voice as an intuitive sound healing tool for energy extraction and infusion.
- Support deep energy releases, restoring harmony to chakras and the energy field.
- Strengthen the entire system.

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MODULE 6

Relationship Cord Healing

- Clean the 'baggage' and projections from the energetic cords between people and their relationships with other people and issues - like abundance.
- Support freer, more easeful and harmonious relationships.



Completing modules 7-12 will expand your skills and certification to: 'Advanced Shamanic Practitioner & Energy Healer'.

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MODULE 7

Shamanic Extraction & Energy Field Cleansing

- Scan and clear the energy body using sacred tools (crystals, distaffs, feathers etc) and a sucking technique.
- Remove toxins, energetic 'intrusions', and stagnant energy.

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MODULE 10

Auric Repair & Psychic Surgery

- Reweaving the energetic template of the energy body for optimum wellbeing.
- Merge with spirit guides to perform repairs to the energetic blueprint.

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MODULE 8

Soul Retrieval

- Shamanic journey to recover lost parts of the soul that became lost due to trauma, shock, or compromise.
- Restore clients' unique essence and gifts to engage with life to the full.

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MODULE 11
Spirit Release & Compassionate Depossession

- Facilitate compassionate spirit release for lost souls and misplaced spirits that have become attached to someone else's body.
- Restore the client's sovereignty and clarity.

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MODULE 9

Regression Therapy

- Guide clients on a deep hypnosis journey to heal childhood or past-life wounds.
- Help them reclaim personal power through their own inner wisdom.

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MODULE 12
Clearing of Harmful Influences & Ancestral 'curses'

- Clear inherited patterns, limiting beliefs, vows, bonds, and energetic interference.
- Support the discovery of greater freedom, well-being, and peace.



ONLINE COURSE – Starts November 2025

- This is a journey that spans from 6 months to 12 months.
- You can qualify and start practising professionally within 6 months (on successful completion of your case studies and assignments).

Here's how it works:

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- Combines shamanic, sound and energy healing skills in a hybrid of online and in-person training.
- Since the modules are run online, you can fast-track, learning a new healing technique each month, in the comfort & convenience of your own home (whereas the full in-person course takes 2 years).
- You receive a personal 90-minute tutorial each module, where you facilitate an in-person healing and Sue Holmes observes via Zoom, offering guidance & feedback.
- Through video lectures, method notes, video demonstrations, live Q&A, personal mentoring and supervised healing exchange sessions, you will gain all the training, skills and experience you need to launch your practise as a professional shamanic practitioner and energy healer.

NB: There are also additional (optional) in-person 5-7 day residential healing ceremony Masterclasses at a retreat centre in Spain or Wales.

IN PERSON COURSE

The Leela Centre, Dorset, UK
14-19 April 2026

- The syllabus is divided into a **1-4 level journey** that spans up to two years.
- You can qualify and start practising professionally within 3 months (on successful completion of your case studies and assignments).

What you can expect

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- Hands-on in-person training in a beautiful yurt on the land at the Leela Centre in Dorset, UK.
- Method notes, live demonstrations, supervised healing exchange sessions, Q&A, movement and sharing circles.
- After the retreat, you will receive 1-to-1 mentoring, plus marked assignments and case studies to complete, to gain confidence and expertise.



The Osho Leela Centre in Dorset

A magical retreat space with dedicated use of a spacious new yurt.

Relax amidst **lush, natural surroundings** and enjoy the sauna, maze, as well as **walks in the garden, giant oaks & cedars, sacred fires, group meals, dancing, yoga, meditation**, and more, in community.

Course fees include:

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- **All tuition & training materials**
- **1-on-1 mentoring** with Sue Holmes
- Online container of support between residential training levels, with monthly live online mentoring and Q&A sessions, while you complete your assignments and case studies.
- **Accredited certification** by the International Practitioners of Holistic Medicine (IPHM)

Accommodation (booked seperately)

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- Once you've registered for the course, you'll receive a link to book your accommodation & meals package directly with the venue.
- Accommodation at the Osho Leela centre of transformation in Gillingham Dorset, UK is **full board (includes all meals & hot drinks)** starting at £450 in single sex dormitories for levels 1 & 2, and £500 for levels 3 & 4.
- There are a wide selection of **single rooms & glamping cabins**, if you prefer.



What you'll cover in Level I*

MODULE 1

Foundation: Channelling Healing Energy & Shamanic Journeying

MODULE 2

Energy Extraction & Intrusion Removal

MODULE 3

Sound Healing & Chakra Toning

Complete the Practitioner course with Level 2

MODULE 4

Hara Line & Intention Alignment and Power Animal Retrieval

MODULE 5

Organ & Spine Energy Regeneration

MODULE 6

Relationship Cord Healing

*** Level 1 is a prerequisite for all other levels. Continue your training through Levels 2-4 to achieve Advanced Shamanic Practitioner & Energy Healer certification.**



Complete all 4 levels for the full Advanced certification

Practitioner level

Complete 2 x 5-day residential
retreats

Advanced level

Complete 2 x 6-day residential
retreats

What you can expect in the Advanced Certification:

Level 3

MODULE 7

Shamanic Extraction & Energy Field Cleansing

MODULE 8

Soul Retrieval

MODULE 9

Regression Therapy

Level 4

MODULE 10

Auric Repair & Psychic Surgery

MODULE 11

Spirit Release & Compassionate Depossession

MODULE 12

Multidimensional Healing & Clearing of Harmful Influences





Optional reunion Masterclass Retreats – Deepen Your Practice. Reunite with Your Soul Family. Celebrate Your Growth.

One of the most unique and cherished aspects of the Academy of Modern Shamanism is the strength of our community. When you train with us, you're not just gaining professional skills—you're **becoming part of a lifelong circle of connection, love and support.**

Our **Reunion Masterclass Retreats** are beautiful gatherings where current students and graduates unite to receive deep healing, upgrade their skills, and witness each other's personal and professional evolution. **These retreats are a celebration of authenticity, joy and transformation.**

You'll experience **powerful healing ceremonies, together with music, dance, laughter, tears, and heart-opening connection—**with each person bringing their unique gifts and medicine to the circle.

Come to reconnect, recharge, and rise into your next level of mastering healing skills & holding space. Our Masterclass retreats are an invitation to keep walking your path as a healer—with your soul family by your side.



Become the healer you were born to be!

Online – Starts 1 / 2 November 2025

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FOUNDATION

Online 1-Month
Foundation Course

£450

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PRACTITIONER COURSE

Online 6-Month
Immersion

Special Offer Price
£2,600

Full Course Fee
£2,850

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ADVANCED COURSE

Online 1-Year Immersion

Special Offer Price
£5,150

Full Course Fee
£5,400

In-Person – 14-19 April 2026, Osho Leela, Uk

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LEVEL 1

5-day training
+ 5-month online
container

Super Early Bird Price
£1,050

Course Tuition Fee:
£1,200

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PRACTITIONER COURSE

Level 1 + 2 in
10-month container

Super Early Bird Price
£2,100

Course Tuition Fee:
£2,400

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ADVANCED COURSE

Levels 1-4 in
2-year container

Super Early Bird Price
£4,350

Course Tuition Fee:
£4,950

Here's what people say...

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"The whole course completely blew my mind! Every module was layer after layer of energy work and knowledge to take forward into your life. Sue's teaching is incredible and she holds a safe space. **If you're thinking of doing this course, follow your gut, follow your heart."**

– Joe Donovan

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"The course with Sue was magical. Full of new teachings, healing, support, and lots of fun and love. I have always been impressed with how authentic Sue is, she has a huge heart and is an amazing healer and teacher."

– Andreea

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"Sue's training was completely life changing across all levels: physical, emotional and spiritual. Not only did I begin to learn the ancient arts of energy healing and shamanic practice, it was a profound journey of self healing and re-membling. Through navigating my own wounds I was encouraged to step out of stories and patterns of abuse and victimhood and step into my own power. **The course and teachings enabled me to develop discernment, trust and confidence in my own abilities and self love. I also gained a very impressive tool kit, a deep and powerful relationship with my guides and a whole new shamanic family and community.** Sue holds an impeccable space of 100% pure light. I'd consider her training to be a benchmark for anyone else wishing to hold sacred ceremonial healing space for others.

– Anita Brulee

Remember!

Imposter Syndrome and resistance are bound to come up - its a natural part of the journey for Wounded Healers.

Let your heart & soul be your guide - the rest will fall into place!



Choose how to embark on this training – same syllabus, different paths:

🌐 The Online Path (Global Access)

For those who need flexibility, prefer to learn from home, or are based internationally.

- You can fast-track through the course - one module per month.
- You will become especially proficient at distant healings.
- No need for travel & accommodation expenses.

What's included:

- 💻 6 x 6-hour weekend online trainings, with teaching, guided distant healing exchanges & sharing circles (live & recorded)
- 🎧 6 x 90 min personal tutorials, witnessed via Zoom, while you facilitate an in-person healing.
- 🌙 Online mentoring & support while you complete your case studies & marked assignments.

Best for you if you:

- Need a flexible schedule
- Are unable to travel
- Prefer to do the work at home
- Want to connect globally while staying rooted locally

🌿 The In-Person Path (UK Residential)

For those who long to gather and drum together in circle, and immerse in nature and community.

- 5-day residential retreat in the beautiful Dorset countryside (at The Leela Centre).
- You'll stay onsite, surrounded by like-hearted souls (in a conscious community), held in sacred space, and immersed in a deeply embodied healing & training experience.

What's included:

- ☀️ Live training with Sue Holmes, held in a beautiful yurt
- 🧘♀️ Daily teachings, guided in-person guided healing exchanges, embodiment practices, sharing circles
- 🌟 Followed by 6 months of online mentoring & support while you complete your case studies & marked assignments.

Best for you if you:

- Thrive in immersive, retreat-style learning
- Want to sense the energy, healing and connection in a hands-on way
- Love group dynamics, singing & praying around fires, being in ceremony, and sharing meals together.
- Are able to travel to the UK

ACADEMYOFMODERNSHAMANISM.COM
INSPIRING VOCATION, PURPOSE & SERVICE



UNLOCK YOUR **HEALING POTENTIAL**
DEEPEN YOUR **GROWTH**
BUILD YOUR **DREAM PRACTICE**
FIND YOUR **TRIBE**