

THE 5 PRIORITIES OF HOLISTIC FENG SHUI

**Where to focus first to create powerful
transformation for you & your clients**



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Before we begin, I want to emphasise how important it is to carefully interview your client first, so that you tailor your report to what their needs and aspirations are.

1. CLEAR AND HARMONISE THE ENVIRONMENT

Create a clear, harmonious foundation before making adjustments.



Before adding Feng Shui cures or enhancements, look at what may already be obstructing **clarity, harmony, growth and vitality**.

Clutter Clearing - Clutter is the obvious starting point - anything that isn't loved, used or tidy may need to be recycled, binned, sold or given away. This includes broken or unfinished objects, things associated with painful periods of life and items being kept through guilt or obligation. Sometimes one of the most powerful changes is simply creating space for something new.

Space Clearing - It's not only physical clutter that can create stagnation. From a Space clearing perspective, homes can also carry energetic imprints of the past - including previous occupants and periods of illness, addiction, bereavement, conflict or other difficult events. Space clearing uses ceremonial and healing techniques to cleanse and harmonise the atmosphere of a place, and to invoke blessings and support for the client's intentions. Clients often report a profound sense of clarity, optimism and forward movement afterwards.

Land Healing - Look beyond the four walls to the land beneath and around the building. In geomancy, we consider influences such as underground water and geopathic stress - associated with local excavations for building houses and railways, quarrying, tree-felling, land disputes, ancient battles or slaughter houses. Dowsing and geomancy can be used to assess the site, while working intentionally with the spirit of place and techniques such as earth acupuncture and crystal healing to help to restore greater harmony.

Healthy Home - When feng shui developed, people weren't living amongst the chemicals, pollution, electrical systems, electronic devices and other environmental influences found in modern homes. Today we also need to consider poor air quality, damp and mould, artificial lighting, noise, household chemicals and electromagnetic fields. Because many of these influences are invisible, silent or commonplace, they can easily be overlooked. Where appropriate, we can recommend practical ways to reduce unnecessary exposure and suggest alternatives that may contribute to a healthier living environment.

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2. START WITH FORM

Look at what the building and environment are already telling you before getting involved with charts, numbers and compass calculations.



My classical feng shui teacher, Howard Choy, taught that form should take around 80% priority in a feng shui assessment, with compass methods making up the remaining 20%. That is worth remembering!

Before reaching for your compass, look at the visual environment.

Start outside. Notice how the property sits within the landscape, the surrounding buildings, roads, hills and movement. Does the home feel supported and protected, or exposed? Is qi able to slow down and gather before reaching the property, or does it rush past?

Then move inside. Notice how you naturally move through the building and what you experience. Feng shui aims to create an appropriate balance of yin and yang – quieter, more supportive spaces for rest and restoration, and more active spaces where energy and activity can flow.

Professional form school feng shui goes much deeper, assessing the property's sitting and facing, yin and yang aspects, correlations with the celestial animals, ming tang, sheng and sha qi, and many other relationships between the building and its environment.

3. THE ENTRANCE

How is qi approaching, entering and being welcomed into the property?



The main entrance is traditionally known as the **mouth of qi** – the primary place through which people and energy enter the home. In feng shui, it has a strong correlation with **career, opportunities and wealth**, making it particularly important when a client wants support in these areas.

Start by simply observing the approach. Is the entrance easy to find, attractive and welcoming? Does qi have an opportunity to gather before entering, or does it rush towards or away from the property? Notice the condition of the doorway itself and how you feel as you approach and enter.

Then step inside. What is your first impression? Does the entrance feel spacious and attractive - encouraging qi to enter the home - or is there something obstructing or off-putting by the doorway?

At a simple level, keeping the entrance clean, clear, well-maintained, and attractive is a good place to start. A neglected entrance can subtly communicate “**do not come in**”, while a cared-for entrance says “**you are welcome here.**”

Professional feng shui goes much deeper, assessing the external and internal forms, applying compass methods and elemental enhancements, and identifying ways the entrance can be improved to attract beneficial qi.

4. THE BEDROOM

Prioritise rest, wellbeing, intimacy and relationships.



The bedroom deserves particular attention because we spend around **one third of our lives** there. It is our most private space - a place of sleep, restoration, vulnerability and intimacy - and in feng shui it has a strong correlation with **wellbeing and relationships**.

Begin by experiencing the room. Does it feel peaceful, safe and restorative? Is it somewhere genuinely conducive to relaxation, romance and sleep? Notice the position of the bed, what you see when you wake, the lighting, noise, electronics, imagery and objects around you.

Think about symbolism. If this is a couple's bedroom, does it feel like a space for two? If someone is hoping to attract a relationship, what does the room communicate about intimacy and partnership?

At a simple level, aim to create a bedroom that feels more **yin, calm, comfortable, uncluttered and supportive**, rather than overly stimulating or active.

Professional feng shui goes considerably deeper, using form and compass methods to assess how well the bedroom supports the individual or couple and to determine appropriate recommendations.



5. THE KITCHEN IS THE HEART OF THE HOME

Support nourishment, wellbeing, vitality and connection.



The kitchen is profoundly important because it's connected with **wellbeing and relationships** - it's the heart of the home.

The kitchen reflects our ability to care for ourselves and our loved ones. Generally, it wants to be more **yang** - light and fresh, with practical, easy-to-clean surfaces and good storage, so that it feels pleasant and easy to work in.

Also consider the place where people sit and eat together. Is it clear, comfortable and attractive? Does it encourage people to linger, talk and connect rather than simply eat and leave?

The stove is particularly significant in traditional feng shui because it's the place where food is transformed into nourishment.

Professional feng shui goes much deeper, using form and compass methods to assess the kitchen, dining area and stove, and determine how they can best support the people living in the home.



BRINGING IT ALL TOGETHER

So those are my **Five Priorities of Holistic Feng Shui**.

First, clarify you or your client's needs and aspirations.

Then look at:

1. **Clear and harmonise the space**
2. **Establish supportive form**
3. **Optimise the entrance to invite beneficial qi**
4. **Create a bedroom that supports relaxation and intimacy**
5. **Create a kitchen that supports nourishment and connection**

And throughout the whole process, notice the **symbolic story the home is telling**. Where might there be mismatches between someone's environment and what they are trying to call into their life?

For me, this is where feng shui becomes really interesting. We're not simply **decorating** a house. We're exploring the relationship between **the person, the building, the land and the life that person is trying to create**.

This holistic approach is at the heart of my **Sacred Space** work



YOUR NEXT STEPS...

If this has inspired you to explore further, there are three ways to continue:

£27 Space Clearing & Blessing Framework

Learn my step-by-step framework for cleansing, harmonising and blessing the energy of a space.

Sacred Space Professional Training

Go much deeper and learn to work professionally with feng shui, space clearing and geomancy through my accredited Sacred Space - Feng Shui, Space Clearing & Geomancy Consultant Training. [Book a Clarity Call >>](#)

Personal Feng Shui Consultation

If you'd rather have me assess your own home or workplace and make personalised recommendations, you can also work with me privately. [Book a Clarity Call >>](#)

Thank you for joining me. I hope these five priorities give you a useful new way to look at your own home – or the homes of your clients – with fresh eyes.



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